

New Life Christian Fellowship

Does your body hold you back, is your mind a minefield, your past a prison, do you fear the future? Remember: God is with you – you can succeed!

Some of us love our broken identities. If we want to be free, we need to get a new attitude.

One lady suffered decades of pain after horrific abuse, she lived like a victim but now she is free! She found a way out, and suggests we do not live our lives bruised, because Jesus wants to make us whole too. The best way we get the devil back, is by enjoying life; overcoming evil with good.

A man who couldn't walk for years lay beside a lake that healed bathers as it bubbled up with God's power. Could he have crawled closer – it does not say he was completely paralysed? Was he waiting for somebody to do it for him? Jesus asked: "Do you really want to get well?" He replied "When I try to get in someone else gets ahead of me..." Jesus said: "GET UP! Make up your bed and take it with you." (John 5). It was not this man's inability to walk that was the problem, it was his defeatist attitude – was self pity his real disability?!

Let's make the first move today: Set your mind, keep it set, on success: it may not be easy. Say "I will not give up – I **can** do what God asks me!" This is to do with your will.

Find God's joy in difficult situations. No one can make you do this, only you can find God's strength inside you. Healing takes time, a process of hurting towards something that will do you good. Decide to stop feeling sorry for yourself. Choose: pity or power?

Self pity is like idolatry: I can't, I don't ... stop this thinking! In your mind: "GET UP" out of the problem! Talk about your blessings: "I'm going to heaven, to live forever, I'm forgiven. I am loved." Look for your strengths. There's always someone who's been through worse and succeeded, you are not alone.

Think like Paul: "I've got my eye on the goal, where God is beckoning us onward—to Jesus. I'm off ... I'm not turning back."

There is nothing sadder than a sad Christian, dwelling on negative, pitiful thoughts, when you have the power of the universe dwelling inside. Things happen that we don't understand; life is tough, but God is tougher!

You are special, unique, created for a purpose. God has something only you can do. Look to Jesus. Dwell on His blessings, share everything with Him, ask for His provision; look forward to what you **will** achieve together. In our weakness is God's strength. With God - You can do it!

Kilgetty Community Centre, 10.45am Sundays, all welcome. Call 01834 831533/07827293781 if you want to talk or would like us to pray.